

SPS - Dil Ki Daud: Running for a healthy heart

PURAN SINGH, of West Bengal, bagged the first position in the Men's category of the Seventh Dil Ki Daud marathon held at Guru Nanak Stadium, Ludhiana. Ravi and Neeraj, bagged the second and third positions, respectively, in the Men's category in this event.

Meanwhile, Bharti emerged as the winner in the Women's category, which had Sanju and Ujala as the first and second runners-up, respectively, in the women's five-kilometre race. Rahul bagged the first position in the Children's category.

The event was organized by the initiative taken by Satguru Pratap Singh Hospitals (SPS Hospitals) under the aegis of Namdhari chief Satguru Uday Singh to mark the World Heart Day celebrations. Olympian Kamalpreet, Para Olympians Harvinder and Nishad Kumar presided over as Guests of Honour.

ADC Sandeep Kumar, who was also present on the occasion, said the event aimed at motivating the youth to always

